

## 1<sup>st</sup> Appointment

Sexual Health Nurse – 45 min appointment  
GP – 15 min Consult for Nurse appointment

### **Sexual health nurse will:**

- Confirm Pregnancy: Urine BHCG
- Pregnancy options counselling
  - If considering MTOP, explain importance of time and the need to have further Ix done promptly
- Medications, Allergies O&G Hx, Medical Hx
- Discuss ongoing contraception
- STI Screening
- Provide with MS-2 Step Information Booklet
- Discuss procedure with client
- Assess suitability and potential adherence to treatment and follow-up i.e. do they have a mobile phone, can they get to the hospital in the case of an emergency
- Organise Pathology: Blood Group & Abs (Rhesus status), Quantitative BHCG, FBC, Fe studies, chlamydia.
- Organise Pelvic ultrasound referral to confirm intrauterine pregnancy <9 weeks with GP

### **GP will:**

- Order Pelvic ultrasound to confirm intrauterine pregnancy <9 weeks
  - Request **Urgent**, may require facilitation by SHN

## 2<sup>nd</sup> Appointment

Sexual Health Nurse – 45 min appointment  
GP – 15 min Consult for Nurse appointment

### **Sexual health nurse will:**

- Confirm patient eligibility and suitability
- Consent signed
- Lengthy discussion about signs and symptoms of MTOP

- Provide with:
  1. Letter to the Pharmacy
  2. Letter to Emergency Department
  3. Pathology Referral for Quantitative BHCG 7 /7 post Misoprostol dose
  4. Immunoglobulin letter if required
- Assess if patient requires a follow up phone call from SHN approx 36-48/24 post pharmacy dose of MS-2 Step process
- Provide with MS Health 24 hour Nurse After-care telephone service: **1300 888 022**
- Make appointment for follow up in 2 to 3 weeks – Telephone or in person
- Add Reminder for SMS 7/7 post Misoprostol 800mcg
- Add Reminder for Pregnancy Test 4/52

**GP will:**

- Sign consent
- Provide scripts – MS2 Step
  - Panadeine forte
  - Maxalon
  - Contraception script
  - Medical Certificate, if required
- If patient consents, complete online registration for client to receive reminder text message from MS Health

If required:

Follow Up Phone Call SHN 36-48/24 post 200mg Mifepristone dose taken at Pharmacy

- Ensure has taken 800mcg Misoprostol (4 tablets)
- Discuss signs and symptoms of MTOP (Pain, cramping, bleeding, nausea, dizziness, vomiting/diarrohea) and indications for presenting to emergency

7/7 post Misoprostol 800mcg SMS reminder to have BHCG

3/52 Follow up - Sexual health Nurse – 30 minute in person or phone appointment

**Sexual health nurse will:**

- Assess bleeding

- Discuss STI results, BHCG result
- Address any further concerns
- Consult with GP if any issues

Follow up results – Sexual health Nurse - will phone woman if action required

## BEST PRACTICE: AUTOFILL

Planning to take MS2Step:  
Second dose:

### **Lengthy discussion Re: 2 Step Process:**

- Patient Information provided
- Allergies, current medications, breastfeeding
- Pharmacy for collection: Terry White Albury
- How to take medications: Mifepristone 200mg witnessed, Misoprostol 800mcg buccal 36-48/24 later
- Analgesia: Panadeine Forte + Maxalon (if no allergies) 30 minutes prior to
- Signs and symptoms of the termination: vaginal bleeding, cramping, pain: Reiterated pain management discussed
- Possible side effects of treatment: nausea, GI SE, dizziness, fever/chills
- When to present to Emergency Department, Letter for ED Given
- Contraception:
- STI Screening:

Scripts Given

### **DO NOT DISPENSE AFTER:**

Consent Obtained- See Correspondence In

Consent to receive SMS from MS Health

MS Health 24 hour Nurse After-Care Phone Number provided

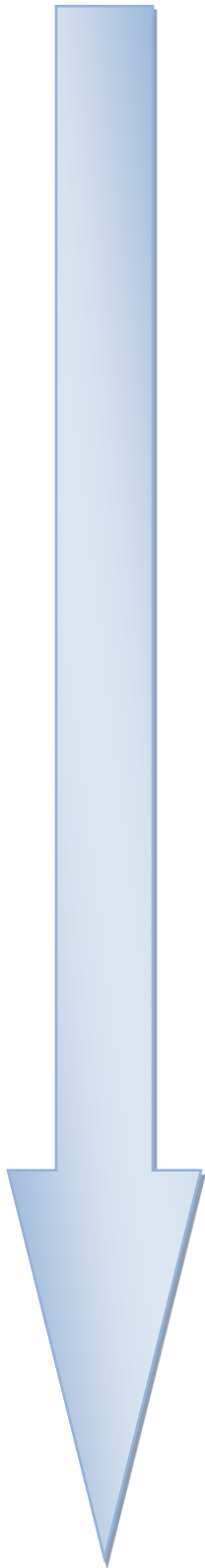
### **FOLLOW UP:**

QBHCG 7/7 post Misoprostol: Form Given

Reminder for Post MTOP BHCG added

For **Appointment** or **Telephone** Follow Up

## MTOP PROCESS



**First Appointment: SHN\GP**  
 Pregnancy options counselling  
 Organise USS, pathology  
 Take thorough Hx  
 Discuss: Future contraception, STI testing,  
 MTOP process  
 Provide with MS Health Booklet

PELVIC USS  
 Confirm intrauterine  
 pregnancy

**Second Appointment: SHN/GP**  
Review with results of Ix  
 Determine Eligibility  
 Immunoglobulin letter if required  
 Written Consent  
 Scripts x2  
 Pathology referral QBHCG 1/52 post  
 Misoprostol dose  
 Provide with letters for Pharmacy and ED  
 Register for MS Health SMS + provide with  
 Phone Number

Bloods: QBHCG, Blood Gp +  
 Abs, FBC, Fe

Observed Dose at  
 Pharmacy:

**If required Follow Up Phone Call: SHN**  
 36-48/24 post observed dose  
**SMS reminder 7/7 post Misoprostol to have  
 BHCG**

Second Dose at home 36-  
 48/24 later:

**Follow Up Appointment/ telephone call:  
 SHN/GP**  
 Review QBHCG results  
 Follow up results phone call or appointment

Bloods: QBHCG