

Newsletter September 2009

'Diagnosis, Management & Outcomes of Depression in Primary Care'

THANK YOU FOR TAKING PART IN DIAMOND!



The diamond Consortium was established via funding from beyondblue, Victoria Centre of Excellence

diamond Longitudinal Study: Update

diam**o**nd

The *diamond* study has now entered into its fourth year and will continue through to mid 2011.



To date, 230 four-year follow-up postal surveys have been received and 211 telephone interviews had been completed.

The new 4-year diamond survey asks questions on your use of health services in the past year, including information about visits to general practitioners and other health care

providers as well as health and emotional well-being, your quality of life, lifestyle and life events, community participation, social support and your relationships.

Some of the questions may seem familiar or repetitive, however, asking the same questions each year will allow the *diamond* research team to see how changes in emotional and physical health, relationships and life circumstances impact on overall wellbeing.

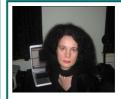
Diamond Research Interviewers; Carl Moller, Darshini Ayton, Stu Hatton, and Sophie Gascoigne-Cohen have been speaking with you over the telephone and collecting information in greater detail.

For more information visit: www.diamond.unimelb.edu.au

diamond is interested in everyone's story. Even if you feel like your responses to our questions are always 'no', or that you are not experiencing depression, stress or worries, the information that you provide is still important very to us!

Introducing ...

In June 2009 we welcomed two new staff members to the *diamond* study:



Ms Konstancja Densley joined the diamond Study as a data manager. Konstancja is responsible for managing

the study databases and monitoring participant progress. Konstancja is also involved in statistical analysis and literature reviews in the preparation of research findings for presentation and publication.



Kirsty Forsdike, a Senior Research Assistant, has also joined the *diamond* study team and is responsible for communication with participants in the study and collation of returned postal surveys. If you have any questions about your involvement in the study, please do not hesitate to call me!

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