

Project ECHO

Adolescent Mental Health ECHO

Project ECHO can support GPs and nurses working in the Doctors in Secondary Schools (DiSS) program and aims to address barriers raised by GPs including limited training or resources, not feeling confident, or finding behavioural and mental health conditions difficult to manage without support.

The Adolescent Mental Health ECHO will include a series of brief presentations on either Tuesday evenings 6-7pm or Wednesday lunchtimes 1-2pm

TOPICS INCLUDE:

1. Attachment & Adverse Childhood Experiences (Self harm and risk taking behaviours)
Tuesday 25 August
Wednesday 2 September

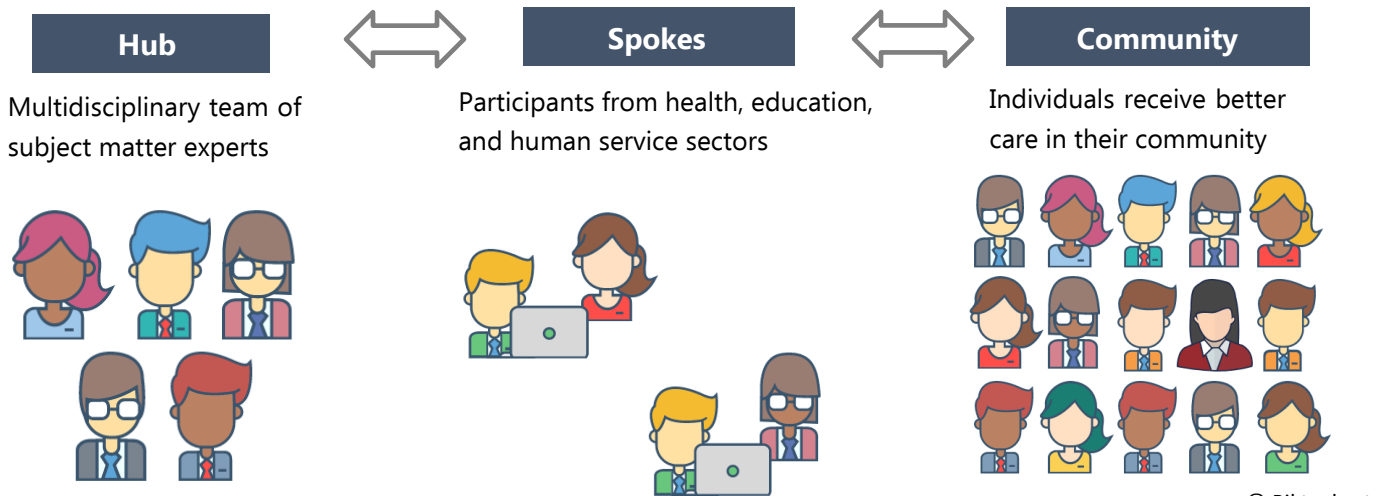
2. Understanding trauma
Tuesday 8 September
Wednesday 16 September

3. Neurodevelopmental disorders in teens
Tuesday 6 October
Wednesday 14 October

4. Anxiety
Tuesday 20 October
Wednesday 28 October

5. Depression
Tuesday 17 November
Wednesday 11 November

How Project ECHO works



To register for the series on Tuesday [click here](#)
To register for the series on Wednesday [click here](#)

Who should join ECHO?

- ✓ GPs
- ✓ Nurses

Questions? Contact DiSS-training@unimelb.edu.au

Benefits of ECHO

- ✚ Improved outcomes for patients, their families and communities
- ✚ Interactive learning environment and co-management of cases
- ✚ Better access to secondary consultation advice
- ✚ Increased self-efficacy in clinicians and decreased professional isolation
- ✚ Interconnected network of providers