

# GET CONSENT

(Consent means giving permission,  
or saying Yes!)

# ALWAYS USE PROTECTION

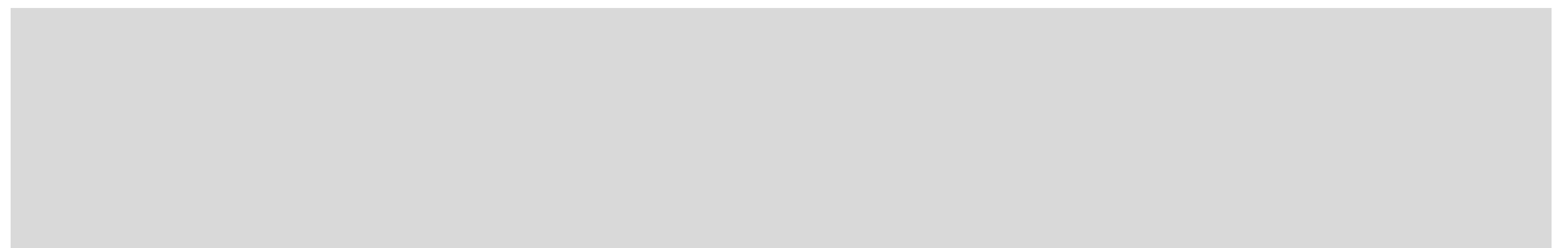


(Using a condom is the best way to prevent  
a Sexually Transmitted Infection!)



# GET A CHECK UP

(It's recommended that you get a  
sexual health check up every year!)



This poster was designed in partnership with Access Australia Group Bendigo.



Department of Rural Health  
Centre for Excellence in Rural Sexual  
Health

**SHOUT.**  
SEXUAL HEALTH OUT AND ABOUT