



THE UNIVERSITY OF  
MELBOURNE

Department of  
Psychiatry

The Department of Psychiatry Annual Research Symposium

# MENTAL HEALTH IN A TIME OF CHANGE: THE ROLE OF RESEARCH

Thursday, 8 August 2019 from 10:30am – 4:30pm

Ian Potter Auditorium, Ground Floor, Kenneth Myer Building (144),  
Royal Parade, Parkville

# Mental Health in a time of change: The role of research

| Time    | Item  | Session Chair                     |
|---------|---|-----------------------------------|
| 10:30am | <b>Registration</b> - Foyer of Kenneth Myer Building  |                                   |
| 11:00am | <b>Welcome address</b>  | Professor Nicola Lautenschlager   |
| 11:10am | <b>Keynote address by Professor David Copolov, AO</b><br>Achieving parity of care: the unfulfilled aspiration for adults in Victoria with serious mental illnesses                                      | Dr Norman Swan,<br>Facilitator    |
| 11:45am | <b>Panel discussion: “How can evidence-based research inform current and future mental health treatment and policy?”</b><br>Professor Malcolm Hopwood, Professor Louise Newman, AM, and Dr Samantha Loi | Dr Norman Swan                    |
| 12:30pm | <b>Lunch and Scientific Poster Session</b> - Foyer of Kenneth Myer Building   |                                   |
| 1:15pm  | <b>Professor Charles Abraham</b><br>Making Behaviour Change Research Useful   | Associate Professor Kathryn Ellis |
| 1:45pm  | <b>Department of Psychiatry Research Showcase</b>   | Professor Meaghan O’Donnell       |
|         | <b>Clare Bellhouse (PhD candidate)</b><br>Supporting Transitions, Attachment and Relationships (STAR Mums)<br>– a pilot intervention for at risk first time mothers in the transition to parenthood     |                                   |
|         | <b>Alec Jamieson (PhD candidate)</b><br>Dynamic functional alterations of the emotional face processing network in young people with depression   |                                   |
|         | <b>Dr Manjula O’Connor</b><br>Exploring Australian psychiatrists and psychiatric trainees’ knowledge, attitudes and preparedness in responding to adults experiencing domestic violence                 |                                   |
|         | <b>Kari Gibson</b><br>Piloting a scalable psychosocial intervention with cyclone survivors in the Pacific Island Nation of Tuvalu   |                                   |
|         | <b>Dr Shimaa Khalaf Mady Morsy</b><br>Evaluation of Trauma in Conversion Disorder   |                                   |
| 3:00pm  | <b>Department of Psychiatry Research Showcase (Part 2)</b>  | Professor Chris Pantelis          |
|         | <b>Dr Erica Neill</b><br>N-Acetylcysteine as an adjunctive treatment for schizophrenia symptoms   |                                   |
|         | <b>Kavisha Fernando (Honours student)</b><br>Characterising dysconnectivity in the functional connectome of youth on the psychosis continuum  |                                   |
|         | <b>Dr Christine Migliorini</b><br>Person-centre care and meeting needs for mental health care: results from the Australian survey of psychosis  |                                   |
|         | <b>Dr Dhamidu Eratne</b><br>Neurofilament light chain in psychiatric and neurodegenerative disorders: a ‘C-reactive protein’ for psychiatrists?   |                                   |
|         | <b>Dr Terence Chong</b><br>The Support Person’s Preferences and Perspectives of Physical Activity for Older Adults with Cognitive Impairment  |                                   |
| 4:15pm  | <b>Poster and Presentation Awards and Closing Address</b>   | Professor Nicola Lautenschlager   |
| 4:30pm  | Break before the Alice Barber Public Lecture  |                                   |

# Participants

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**Professor Nicola Lautenschlager** is currently the Interim Head of Department of Psychiatry at the University of Melbourne. She also holds the position of Deputy Head and Research Director of the Melbourne Medical School. Professor Lautenschlager was appointed Professor of Psychiatry of Old Age and Director of the Academic Unit for Psychiatry of Old Age, Department of Psychiatry at The University of Melbourne, in 2008. Since 2015 she is also Consultant Old Age Psychiatrist and Director of Research in the Aged Persons Mental Health Program of NorthWestern Mental Health, Melbourne Health. She has a special interest in dementia risk reduction and leads The University of Melbourne site of the NHMRC Centre of Excellence in Cognitive Health.



**Dr Norman Swan** hosts The Health Report on the ABC's Radio National, which is the world's longest running health programme in the English speaking world. Norman has won many awards for his work including Australia's top prize for journalism, the Gold Walkley. He was the third person to be awarded the prestigious medal of the Australian Academy of Science and was given an honorary MD by the University of Sydney on its 150th anniversary. Norman trained in medicine in Scotland and paediatrics in London and Sydney before joining the ABC and has hosted many other programmes on radio and television.

He has made several Four Corners, the most recent being on out of pocket expenses in health care. Norman was the medical host on Channel Ten's Biggest Loser for six seasons and created, wrote and narrated Invisible Enemies, a four part series on disease and civilisation for Channel 4 UK and broadcast in 27 countries.

He has consulted to the World Health Organisation and co chaired a global meeting of health ministers in Bamako West Africa focused on evidence based policy and priorities in health research. He has been the Australian correspondent for both the Journal of the American Medical Association (JAMA) and the British Medical Journal (BMJ). Norman is also co-founder of Tonic Health Media, an integrated health television channel and production company which has over 15 million viewers per month.



**Professor David Copolov, AO** is the Pro Vice-Chancellor, Major Campuses and Student Engagement at Monash University. He is also Professorial Fellow of the Department of Psychiatry at The University of Melbourne and at the Florey Institute for Neuroscience and Mental Health. He was the Executive Director of the Mental Health Research Institute of Victoria from 1985-2004. He is a Board Director of the Royal Women's Hospital and ex-Deputy Chair of the Peter MacCallum Cancer Centre.



**Professor Charles Abraham**, Melbourne School of Psychological Sciences, The University of Melbourne, is an applied social and health psychologist specialising in translational health research. He has held scientific advisor positions with the UK Department of Health, the UK National Institute for Health and Care Excellence (NICE) and the UK House of Lords. He employs a range of quantitative, qualitative and review methods to research a wide range of behaviour-change challenges, preventive behaviour patterns, health service usage and management of long-term illnesses.




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## Contact us

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