Aves, Emma, Jacqui, Jodie, Mel, Sophie and Stu have been speaking with you over the telephone and collecting information in greater detail.

Prof Jane Gunn
diamond Study Principle Investigator
and General Practitioner

RESEARCH INTERVIEWERS
'Diagnosis, Management & Outcomes of Depression in Primary Care'

FROM THE STUDY LEADER
I’d like to thank you all for your continued support and involvement in the diamond study; which is now one of the most detailed and largest studies of depression undertaken in general practice worldwide.

Recently, while I was visiting the UK, I presented results of the diamond Study to a number of researchers, GPs and health organisations who were all very interested in our study and its progress. This included meeting with over 100 GPs in Coventry, UK and presenting a number of stakeholder findings to them. It is hoped that these findings will assist in informing and devising appropriate primary care responses to depression and helping people to stay emotionally well.

So far this year we have completed interviews with 109 participants and received 104 completed surveys!

Even if you have not experienced or are no longer experiencing depression, stress or worries, your answers are important to the study as we want to hear from a wide range of people to make the project results more meaningful. The study is also looking at what helps people recover from depression and stay well.
In March and April 2011 we welcomed two new members to the diamond team:

Gilles Ambresin

Han Na Kwak completed a Bachelor of Biomedical Science, majoring in Neuroscience and is currently completing her honours year with the diamond study. She will be investigating the Effects of long-term use of anti-depressants in diamond.

IN-DEPTH INTERVIEWS UPDATE

As many of you will remember in 2010, Hariz invited a small number of diamond participants to further tell their story about depression, stress or worries through a one-off face-to-face interview. Hariz has now completed the face-to-face interviews which saw him meet with a total of 26 diamond participants. We would like to thank all of the participants who took part in these interviews. The research team are now in the process of reading your stories and identifying some of the key issues raised. We will continue to provide you more information on the progress and findings from these interviews in further newsletters.

Since our last update:

- We have published findings on the link between physical illness and depression. These findings have been used by the NSW Department of Health to inform their work.
- We are currently using your views on Mental Health Plans and are using your views to suggest improvements for their use in General Practice.
- We are using information collected from the surveys and telephone interviews to investigate resilience factors in depression, stress and worries.

HAVE YOU RECENTLY MOVED, CHANGED PHONE NUMBERS ... ?

If your address or phone number have changed, please fill in your new details below and return to us; or call us on +61 3 8344 7449 with your new details.

Name: ____________________________
Address: ________________________________________________
____________________________________________________________________
Suburb: __________________ Postcode: __________
Phone number: ____________________________