



Working Together to Improve Diabetic Eyecare

Melbourne Eyecare Clinic

Department of Optometry and Vision Sciences

We would like your help to refer your diabetic patients to us for their eye checks. You can use the referral pad and give patients the information flyer with their referral.

Approximately 600,000 Australians with diabetes do not have regular eye examinations. General Practitioners play a crucial role in helping us close this gap.



Patient-Centred Approach

- Cost effective (MBS)
- Reinforcing patient education about diabetic retinopathy



Continuing Care

- Electronic records with automated recall
- Timely referral to ophthalmology as required



Comprehensive Care

- Appropriate management for diabetes & other eye conditions
- Comprehensive eye examination



Coordinated Care

- Effective communication with GPs
- Team Care Arrangement



Quality Care

- Sophisticated equipment to examine & document eye health:
 - Ultra widefield retinal photography
 - Optical coherence tomography (OCT)
- Committed to the latest research and excellence in eyecare



Accessible Care

- Ease of obtaining appointments at short notice
- Located close to public transport and parking



Contribute to Research in Evidence-based Primary Care & Teaching

- Training a future generation of optometrists and building our primary care network
- Contribute to research in clinical outcomes of diabetic retinopathy & management pathways



Informing Policy

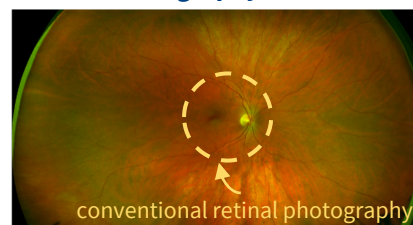
- Building a research database to inform new policies about managing people with diabetes



**Order
referral
pads**



Advanced Ultra Widefield Retinal Photography:



For queries or additional supplies, please contact: Dr Flora Hui | 8344 5884 | huif@unimelb.edu.au
Melbourne Eyecare Clinic | 200 Berkeley Street, Carlton, 3053 | 03 9035 6666 | uni-eyecare@unimelb.edu.au



Taking Care of Your Eyes with Diabetes

Melbourne Eyecare Clinic
Department of Optometry and Vision Sciences
The University of Melbourne

Regular eye examinations for diabetic eye disease are an important part of a proactive approach to keeping healthy. Early detection and early treatment are key in protecting your eyes.

You have been referred to Melbourne Eyecare.

It is recommended that you have an eye examination **every 1-2 years**.
This may be more frequent if we need to monitor you closely.

At Melbourne Eyecare



Patient-Centred Approach

- Bulk-billing available under Medicare
- Provide advice on how to manage your eyes with diabetes



Comprehensive Care

- Appropriate management for diabetes and other eye conditions
- Comprehensive eye test for your overall eye health



Coordinated Care

- Effective communication with GPs so everyone stays informed about your care
- Prompt referral to the eye specialist if required



High Quality Care

- Sophisticated equipment to examine and document your eye health
- Committed to the latest research and excellence in eyecare



Accessible Care

- Easily obtain optometrist appointments at short notice
- Located close to public transport and parking



Contribute to Research in Evidence-based Primary Care

- Help contribute to research in diabetic retinopathy and improve how we manage diabetic eye disease



See with us at Melbourne Eyecare

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What to expect

What can happen to your eyes?

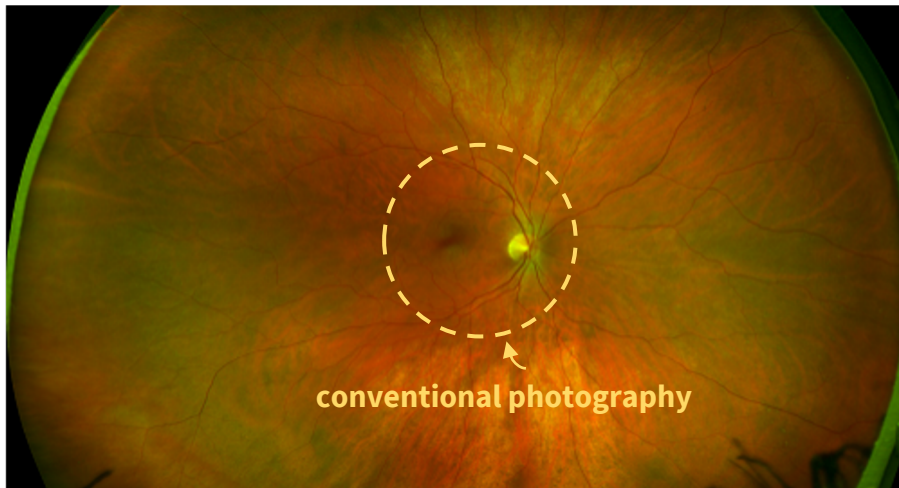
The retina is the nerve tissue which lines the inside of the back of the eye and is vital for us to see. But the retina is also most at risk to be damaged by diabetes.

Diabetic Eye Disease

There are two main components of diabetic eye disease. The first involves changes in the retina and is what we refer to as '**diabetic retinopathy**'. The second is '**diabetic macular oedema**' which refers to swelling of the central part of the retina.

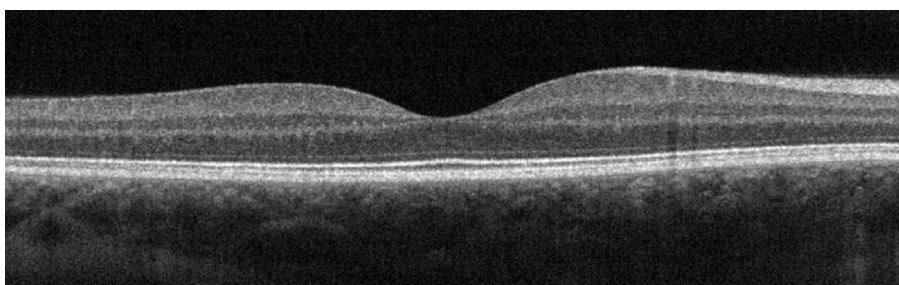
During your eye test, we may place drops in your eyes to dilate your pupils. This allows us to check the health of the eye thoroughly. The drops will make your vision temporarily blurred and we do not recommend driving immediately after the visit.

We may take photos or scans of the back of the eye in order to document any potential changes due to diabetes. At Melbourne Eyecare, we have the latest imaging technology to assist us with accurate and timely diagnosis of eye disease.



Advanced Ultra Widefield Photography

Widefield imaging to easily photograph an extensive area and document changes



Optical Coherence Tomography (OCT)

Taking cross-sectional images of the retina to diagnose changes in, or under the tissue

After your appointment

After your appointment you will be told whether you have any diabetic eye disease. If you do, you will be told the level of severity of each condition. You will also be told whether you need to be referred to an ophthalmologist or when you need to return for further monitoring.



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Melbourne Eyecare Clinic

Diabetes Eye Health Check

Patient Name: _____

Date of birth: ____/____/____ Phone: _____

Address: _____

☐ Type 1 Diabetes

☐ Type 2 Diabetes

☐ Gestational Diabetes

Most recent HbA1c: _____ Date of Referral: _____

Notes: _____

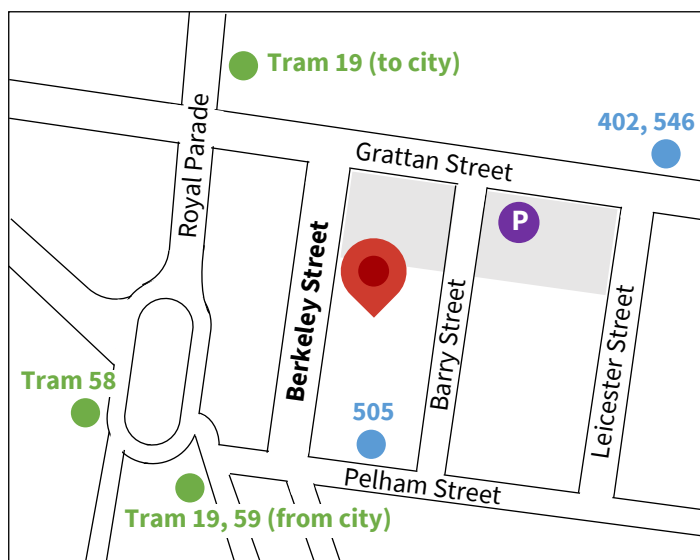
Referrer details:

Name: _____

Address: _____

Phone: _____

Stamp



Melbourne Eyecare Clinic
Ground Floor, 200 Berkeley Street
Carlton, VIC 3053

Contact Us:

uni-eyecare@unimelb.edu.au
03 9035 6666



Getting here:

Tram: ● 19, 58, 59

Bus: ● 402, 505, 546

Metered Parking: Berkeley & Pelham Streets
Car Park: ● University Square Car Park
(entrance at 206 Berkeley Street)

Note: Please bring sunglasses as your pupils may be dilated. This causes temporary increased glare sensitivity and mildly blurred vision. We do not recommend driving for 2 hours after the visit.