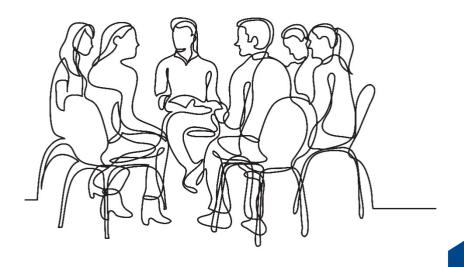**Melbourne Medical School**

CO-DESIGN LIVING LABS

Integrated Mental Health Research Program
Department of General Practice

WHAT ARE LIVING LABS?

Living labs are just that--they are laboratories of live collaboration where we put people at the heart of science and research.

Living Labs bring people with technological, industry, policy and research skills together with people who have lived-experience of a service, role, or health condition. We brainstorm ways to improve research, policy and practice in mental health and co-develop solutions and new approaches for primary care to respond to mental health needs in the community.

Working together a Living Lab offers the potential for private-public-partnerships to co-create new technologies, solutions and co-design research projects and materials.

GET INVOLVED!
You might have an interest in helping policy makers understand what it is like accessing health services such as general practitioners, nurses, hospitals, or other people involved in health care, or you may want to help health professionals or policy makers design and deliver better care. Perhaps you are interested in working with a community organisation or research team who wants to hear from someone who has experience of living with mental ill-health, distress and needs.

Living Labs bring people together from community, industry, government and research and using experienced co-design methods to:

- Collaborate on research project development and materials;
- Co-design new health models, systems and processes for primary care;
- Co-produce methods to embed research outcomes into policy and practice;
- Test out prototypes, technologies, new interventions and pilot;
- Build sector capabilities for co-design;
- Develop and support co-researcher models.

CONTACT US

The Living Labs are managed by University of Melbourne researchers who lead the Integrated Mental Health Research Program, Department of General Practice.

To find out more or to register your interest, please contact: Roxanne Kritharidis (Living Labs Coordinator) on 1800 721 513 or email livinglabs-imhr@unimelb.edu.au

For more information, visit **http://go.unimelb.edu.au/6awr**
Contact us at any time to register your interest in taking part in a Living Lab or we may contact you directly inviting you to new opportunities as they arise.