



THE UNIVERSITY OF  
MELBOURNE

# PROM-GP: a feasibility study

Department of General Practice, University of Melbourne

## Seeking general practices to participate in a six-month feasibility study

**Study Ethics ID: 21773**

PROM-GP is a digital tool that has been developed with general practitioners, general practice nurses, and diabetes educators to enable completion of the validated Problem Areas In Diabetes scale electronically prior to type 2 diabetes consultations. The completed responses are delivered to the electronic medical record using secure messaging through Telstra Argus.

The PROM-GP tool aims to support the discussion of diabetes distress with our patients in general practice. Diabetes distress is the emotional response to living with diabetes, the burden of daily self-management and (the prospect of) its long-term complications. Greater diabetes distress is associated with sub-optimal self-management, elevated HbA1c, and impaired quality of life.

For your general practice to participate you will need at least one interested GP and practice nurse. You will be asked to nominate a practice champion who will coordinate the sending of PROM-GP web-links to people with type 2 diabetes and communicate with the research team as needed.

Participating general practice staff will be asked to attend two 1.5-hour focus groups during the 6-month period and complete a 5-minute pre-post questionnaire. The practice champion will be asked to participate in an additional two 30-minute interviews over the 6-month period. We will seek feedback on how your practice has used PROM-GP and additional resourcing needed to discuss identified diabetes distress in general practice.

Participating practices will receive \$1,000 (excluding GST) to compensate for participation in the study. The practice champion will receive a \$400 gift voucher. Staff who attend community of practice sessions will be offered an additional \$50 voucher per session.

This study is part of Dr Rita McMorrow's PhD. If you are interested in participating in this study, Dr Rita McMorrow would be happy to discuss the project with you further.

**Contact Dr Rita McMorrow**

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