

Standardised Case Based Discussion – Video Script - 2016

Patient: Doreen Williams

Doctor: Dr Redmond

Doctor: Hi Doreen. Come in. It's good to see you. It's been quite a while.

Patient: Yes. I think the last time I was in was when I was getting my scripts before I went to Brisbane for Hayley's wedding.

Doctor: Oh that's right. How was it?

Patient: It was lovely. Just lovely.

Doctor: That's good. I'd love to see the photos.

Patient: Oh Well, I'll bring them in with me next time.

Doctor: Please do. (pause). How are you today? you seem like your a little bit breathless.

Patient: Yes, I am. That's why I've come to see you. It's really starting to bother me.

Doctor: OK. When did it start?

Patient: I can't pinpoint exactly, probably about a week ago.

Doctor: Ok. What did you notice?

Patient: I was just getting a little bit out of puff just walking to the shops or walking the dog.

Doctor: OK, and now?

Patient: Now I think it's a little bit worse. Even doing things around the house - like the vacuuming - I'm noticing that it's a bit hard to breathe.

Doctor: What about when you are sitting or resting, are you finding that you're getting breathless?

Patient: Yes, I've noticed that the last few days. In fact, I'm feeling it a bit now actually.

Doctor: Mmm. That's not like you at all (pause). If my memory serves me correctly you like walking a lot.

Patient: Yes, I love walking. I find it really helps my arthritis too. I usually walk Maxi every morning, 3 kilometres to the dog park and back. It's pretty level so I manage that easily. But the last few mornings I've had to let Bill take Maxi without me.

Doctor: And just remind me (glances at computer notes), you used to smoke?

Patient: Ah. Yes - but not anymore.

Doctor: Mmm... Good, and have you had any breathing related illnesses like asthma or anything like that?

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- Patient:** No, not at all.
- Doctor:** Mmm. So, It sounds like your symptoms have been getting worse over the week and it's really affecting everything that you're doing.
- Patient:** Yes. Yes - that's right. I just can't put it down to anything in particular.
- Doctor:** Is there anything makes it better?
- Patient:** Well, if I am just sitting resting, doing nothing. But you know how active I like to be. It's very frustrating having to rest up like this.
- Doctor:** Besides the walking, is there anything else that makes it worse?
- Patient:** I don't feel comfortable overnight when I go to bed.
- Doctor:** How are you sleeping?
- Patient:** Not very well.
- Doctor:** Do you prop yourself up on some pillows?
- Patient:** Yeah, I have tried that but I'm not sure that it really helps.
- Doctor:** Is there any other health issues that are concerning you at the moment?
- Patient:** Ah- I'm feeling a bit sweaty sometimes.
- Doctor:** Do you think you've got a fever?
- Patient:** I'm not sure. It's more that I feel hot and sweaty overnight. I didn't actually think to check my temperature.
- Doctor:** Have you noticed any swelling in your ankles?
- Patient:** No. (looks down at her feet). They've been fine.
- Doctor:** And how about pain? Have you had any pains in your chest?
- Patient:** Well, yes, this morning I did get some pain here, on the left side (Rubs hand under her left armpit). That's really what made me come in.
- Doctor:** Mmm... And have you had a cough at all?
- Patient:** I have had an irritating cough for the last few days, but it's not worrying me as much as the breathing.
- Doctor:** Have you had any cold and flu symptoms, have you got a runny nose, sore throat?
- Patient:** No, which is lucky because the grandkids have had that recently and they love to share their germs.
(Both smile / laugh)

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Doctor: So, can I ask you more about the pain in the chest? (Fade out)
(3 mins 43 secs)