

Help develop a digital mental health and wellbeing solution for people working on the frontline

We need your help

Have your say to co-design a mental health and wellbeing app for frontline health workers (nurses, ward clerks, doctors, cleaners, allied health, patient services assistants).



What is involved?

COVIDDA (COVID-19 Digital Asset) is a digital app being developed at Royal Melbourne Hospital, The University of Melbourne, Curve Tomorrow and Phoenix Australia to support frontline health workers – in response to COVID-19 and beyond.

We are seeking frontline health workers to participate in:

- a 30-45 minute telephone interview at a time that suits you; and/or
- a small (≤ 10 people) online group discussion (i.e. via zoom) with other frontline health workers.

How will the results of the research be used?

Insights gained will enable us to design COVIDDA so that it addresses frontline health workers concerns, needs and priorities. It is hoped that COVIDDA will lead to improved mental health support and wellbeing for frontline health workers while reducing burn-out and distress.

Get involved

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Study, Funding and Approval Information

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COVIDDA is funded by the Australian Federal Government, Royal Melbourne Hospital and the University of Melbourne.

[Ethics approval (HREC No.) 2056866]