



Figure 3: Pooled results of meta-analyses investigating objective cognitive outcomes of cognition-oriented treatment in older adults with and without cognitive impairment
 K represents the number of primary trials included in the analysis. If a review reported several effect sizes within each outcome domain, a composite was created and k denotes the range of the number of primary trials that contributed to the effect estimate.
 AMSTAR=A MeaSurement Tool to Assess systematic Reviews (max score 16).
 Adapted from Gavelin et al,⁵³ by permission of Springer Nature.