



THE UNIVERSITY OF
MELBOURNE

Academic Unit for Psychiatry of Old Age 2022 Webinar

What does the Royal Commission into Victoria's Mental Health System mean for older adults? A panel discussion

2/12/2022

Register for free @ <https://go.unimelb.edu.au/56te>



AUPOA would like to acknowledge the Traditional Owners of the land which we and all University of Melbourne campuses are situated on, as well as the Traditional Owners of the land you are situated on and acknowledge that Indigenous Australians have been custodians of the lands and waterways of Australia for thousands of years. We pay our respects to their Elders, past, present and emerging.

Academic Unit for Psychiatry of Old Age Webinar 2022

What does the Royal Commission into Victoria's Mental Health System mean for older adults? A panel discussion

The Academic Unit for Psychiatry of Old Age (AUPOA) is part of the Melbourne Medical School's Department of Psychiatry, within the Faculty of Medicine, Dentistry & Health Sciences at The University of Melbourne. AUPOA is closely aligned with the Aged Person's Mental Health Program, NorthWestern Mental Health, Royal Melbourne Hospital, and has strong affiliations with St Vincent's Health.

For the past 26 years, the AUPOA has hosted an annual meeting for colleagues working or studying in the aged mental and cognitive health sector. For our 27th annual meeting, we invite you to join us in a reflection on the Royal Commission into Victoria's Mental Health System (RCVMHS), which will be held virtually and for free. The program will feature a summary presentation on the RCVMHS by former Commissioner Dr Alex Cockram, followed by a panel discussion on what these findings and outcomes mean for older adults and their families, and how health services are responding.

The meeting is suitable for all who are interested in the care of older adults, such as psychiatrists, geriatricians, neurologists, rehabilitation specialists, clinical psychologists, neuropsychologists, social workers, occupational therapists, speech therapists, nurses, physiotherapists, exercise physiologists, health administrators, and trainees in the above disciplines, as well those undertaking research in aged mental health, cognitive health and related areas.

Program

Date:	2 December 2022	Time:	9:30 – 11:00am
Venue:	Virtual Event (Zoom)		
Registration:	https://go.unimelb.edu.au/56te		
Cost:	Free	Enquiries:	AUPOA-team@unimelb.edu.au
Welcome			
09:30 – 09:35	Acknowledgement of Country Opening remarks , Associate Professor Kathryn Ellis – Acting Director of AUPOA		
09:35 – 09:40	A message from Emeritus Professor Edmond Chiu – University of Melbourne and St Vincent's Health		
Guest Speaker	To be introduced by Professor Nicola Lautenschlager – Head of Melbourne Medical School		
09:40 – 09:55	Dr Alex Cockram – Board Director and Strategic Advisor, and Former Commissioner, RCVMHS Dr Cockram will provide a summary of findings of the Royal Commission into Victoria's Mental Health System (RCVMHS), with a particular focus on how they relate to older adults		
09:55-10:00	A brief pause to promote movement/standing		
Panel Session			
	Chair: Dr Eleanor Curran – University of Melbourne, Royal Melbourne Hospital (RMH)		
10:00 – 10:55	Reflections on the Royal Commission into Mental Health: What does this mean for older adults?		
Panellists:	Dr Alex Cockram – Board Director and Strategic Advisor, and Former Commissioner, RCVMHS Ms Tanya Cottrell – Healthy Ageing Service Team Leader & Mental Health Nurse, St Vincent's Hospital Dr David Huppert – Deputy Chief Psychiatrist, Department of Health Prof Nicola Lautenschlager – Head of Melbourne Medical School & Consultant Psychiatrist, RMH Dr Paul Sadler – Psychology Discipline Senior of Community Services, Monash Health		
10:55 – 11:00	Closing remarks , Associate Professor Kathryn Ellis		

Speakers & Chairs

Dr Alex Cockram



Alex Cockram is an experienced leader and Board Director in health, home and aged care, government policy and directions, and large-scale precinct infrastructure developments. In early 2021, Dr Cockram completed a two-year appointment as a Commissioner to the Royal Commission into Victoria's Mental Health System which created a transformative vision for the mental health service system and resulted in over \$3.6 billion investment in services in Victoria. Dr Cockram continues to provide advice to government and industry and has previously advised on health and mental health system reform, health service strategy and operations, national disability reform, digital innovation and developments for the West of Melbourne.

Emeritus Professor Edmond Chiu



Edmond Chiu held the first academic appointment in Old Age Psychiatry in the University of Melbourne in 1989, establishing the Academic Unit for Psychiatry of Old Age. Retiring in 2004, he was appointed UoM Emeritus Professor.

Dr Eleanor Curran



Eleanor Curran is an old age psychiatrist with NorthWestern Mental Health and a PhD student with the AUPOA. As a clinician-researcher, she is particularly interested in translational research and her PhD is exploring pathways to implementation of dementia risk reduction interventions tailored to the needs of older people living with depression. At NWMH, she is a consultant psychiatrist with the Aged Psychiatry Assessment and Treatment Team (APATT) and deputy clinical director for the Aged Persons' Mental Health Program.

Ms Tanya Cottrell



Tanya Cottrell is a Mental Health Nurse who had specialised in older adult community mental health and Consultation Liaison Psychiatry. She is currently leading the Healthy Ageing Service (HAS) at St. Vincent's Hospital Melbourne. In collaboration with a team at Eastern Health, HAS offers mental health services via a Brief Intervention model to residents living in the Eastern Melbourne PHN catchment. Tanya has completed her Masters of Mental Health Nursing, and is currently working towards her Nurse Practitioner qualification at the University of Melbourne.

Associate Professor Kathryn Ellis



Kathryn Ellis is a Clinical Psychologist and Behavioural Neuroscientist with a particular interest in the mental and cognitive health of older adults. She is Acting Director of AUPOA and an honorary Principle Research Fellow within the Melbourne School of Psychological Sciences where she co-leads the Psychology and Ageing research group (with A/Prof Christina Bryant), and works clinically within private practice. Kathryn has an established track record in capacity building and fostering collaboration across clinical and research domains.

Dr David Huppert



David has worked in public health for over 25 years, including over 20 years at Monash Health in many clinical and administrative roles. He has a broad range of experiences that includes clinical service development, emergency and consultation liaison psychiatry, and as ACHS accreditation surveyor. Over the past 5 years he has worked as Deputy Chief Psychiatrist where he has been involved in clinical and policy issues across the life span including a focus on older adult mental health. In particular, he has been involved in the operational and clinical oversight of the commonwealth funded Special Dementia Care Program, RCMHS reforms of adult and older adult mental health services, as well as providing advice on residential age care reforms. He has an active role and interest in disability and forensic psychiatry and is a member of the Forensic Leave Panel, Post Sentence Branch Multi-Agency Panel, and CMIA and Complex Needs Advisory Panel. Just prior to joining the Chief Psychiatrist Office, he worked as Clinical Director of NorthWestern Aged Persons Mental Health Program for 5 years and at Alfred Health Older Persons Mental Health Service for several years.

Professor Nicola Lautenschlager



Nicola Lautenschlager was appointed interim Head of the Melbourne Medical School in October 2022. She joined the University of Melbourne in July 2008 as Professor and Chair of Old Age Psychiatry and Director of the Academic Unit for Psychiatry of Old Age in the Melbourne Medical School's Department of Psychiatry. Most recently Professor Lautenschlager held the dual portfolios of Deputy Head and Research Director of the Melbourne Medical School. A clinician-scientist by training, Professor Lautenschlager holds particular research interests in dementia and aged mental health with experience across clinical trials and cohort studies as well as translational and implementation research. Professor Lautenschlager is a consultant old age psychiatrist Royal Melbourne Hospital and Director of Research in the Aged Persons Mental Health Program of NorthWestern Mental Health, Melbourne.

Dr Paul Sadler



Paul Sadler is a clinical psychologist who has worked in various aged psychiatry services over the past 15 years. More recently he has managed the new Healthy Ageing Service initiative with Eastern Health. Paul completed his PhD in advancing cognitive behaviour therapy for older adults with insomnia and depression. He currently holds honorary research fellow positions with Deakin and Federation Universities. He is committed to improving the mental health system by implementing evidence-based innovative models of care. Paul has recently commenced a role position with Monash Health as the psychology discipline senior of community services.